

# GLP-1 INJECTIONS

### FREQUENTLY ASKED QUESTIONS (FAQS)

#### • Does semaglutide and tirzepatide require a prescription?

- Yes, you will need a prescription from your physician, physician's assistant, or family nurse practitioner. If you do not have one, we can help! See below.
- I would like to get started with semaglutide or tirzepatide, however I do not have a physician or my physician will not prescribe the medication. What do I do?
  - Our in-house weight loss physicians are more than willing to discuss your options.
     Schedule a weight management visit at <u>www.clinicareusa.com/telehealth</u>

#### Can you ensure you will have my injection in stock each month, unlike other pharmacies?

Absolutely! Our team works tirelessly to ensure your medication is always ready and in stock when
you need it. As long as the manufacturers we partner with make the injections, you will be the first
to receive your injections monthly. We partner with several sources to ensure we have a back-up
plan in case there is a shortage or delay in receiving injections from our primary vendors.

#### What if I don't want to administer my own shot?

• You don't have to! We offer weekly and monthly pricing for administration at our pharmacy.

#### • What if I do not want an injection? Do you offer semaglutide or tirzepatide in other forms?

• We also offer an oral disintegrating lozenge. We will mention that the lozenge is a micro-dose and you are likely to experience less weight loss than you would with the injection.

#### • Can you provide these injections for residents of all 50 states or other countries?

 Unfortunately, we are only licensed to provide compounded products for those living in North Carolina and South Carolina. However, if you live locally and have family or friends in other parts of the country, contact us at 704-909-4700 and speak to Dr. Taylor Fortson if you would like to discuss your specific situation so we can help find a solution.

#### What is the cost of semaglutide/ tirzepatide injections and are they covered by insurance?

Compounded generic alternatives to Ozempic/Wegovy and Mounjaro/Zepbound are not covered
by insurance. When choosing our alternatives, you skip the hassle of submitting to insurance,
receiving prior authorizations, and waiting on back order delays. Instead, we offer competitive cash
pricing to get you the medication you need now. To discuss if this therapy is right for you (and more
information on pricing!), visit <a href="https://www.carolinapharmacy.com/weightloss">www.carolinapharmacy.com/weightloss</a>



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#### • What best practices do you recommend for sustainable weight loss?

- We recommend setting attainable goals and being patient with yourself. Results will come but only if you remain disciplined and change some of your eating/exercise habits. Our Wellness ONE Program is highly recommended to achieve sustainable, long-lasting weight loss through better lifestyle habits and weight loss medications, if needed.
- We also suggest having a partner or friend join you in this weight loss journey to motivate and challenge each other to keep going and celebrate your milestones! Ask us about group discounts!

#### Do you offer nutrition support, such as diet and exercise plans?

- Yes! Our Wellness ONE Program is a comprehensive weight loss program that combines exercise, nutrition, supplements, and weight loss medications., if needed.
- o Benefits include:
  - 15% off Supplements, Over-the-Counter (OTC) Products, and Rapid Testing Services
  - 10% off Weight loss Medications and Virtual Telehealth Services
  - 5% off Elysian Medspa Services

#### Where is your product sourced?

 The API (active pharmaceutical ingredient) comes from an FDA-registered manufacturer that has an active DMF (drug master file) listed with the US FDA.

#### How should semaglutide and tirzepatide be stored?

- Vials are intended to be stored under refrigeration between 2°C to 8°C (36°F to 46°F).
- In addition to the above storage conditions, the product can be kept from 8°C to 35°C (46°F to 95°F) for up to 4 days, according to specific temperature studies conducted.

#### • How are the semaglutide and tirzepatide injections supplied and administered?

- Both injections come in multi-dose vials, meaning the medication must be drawn out of the vial with a syringe for administration.
- All patients will receive a free consultation to ensure they're comfortable drawing up the correct dose and administering the medication. We welcome any and all questions during this time!

#### What is the Beyond Use Date (BUD)?

- o A punctured vial is good for 28 days
- o Unpunctured vials are good for 1 year from date of manufacture



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#### • What form of semaglutide/tirzepatide does your product use?

 Only the base form of each is used - no salt forms. The base does not contain sodium or acetate forms of semaglutide/tirzepatide. Products containing salt forms have not been shown to be safe nor effective.

#### Are there any other ingredients added to your products?

• There are no additional ingredients in the injections. Many compounding pharmacies add vitamins or other medications, which has not been proven to be safe nor effective.

#### What inactive ingredients are in your products?

o Disodium phosphate dehydrate, sodium chloride, benzyl alcohol and water for injection

#### • What do you do to ensure your product is safe?

- Our supplier is an FDA registered drug manufacturer who produces commercial sterile products utilized throughout hospitals nationwide. They only uses DMF active ingredients along with validated inactive ingredients to ensure the purest materials are incorporated.
- All ingredients are tested in-house upon arrival and must meet their strict standards and methods that are developed with their in-house quality control chemistry and microbiology labs.

# FOR ALL OTHER QUESTIONS, CONCERNS, OR INQUIRIES PLEASE CONTACT US AT:

- □ compounding@carolinapharmacy.com
- © 704-909-4700 (Mon-Fri 9am to 3pm)
  Or fill out an inquiry form at
  <a href="https://www.carolinapharmacy.com/weightloss">www.carolinapharmacy.com/weightloss</a>