

# MONKEY POX FAQ'S



## WHAT IS IT?

Monkeypox is a rare disease caused by infection with the monkeypox virus. The virus is part of the same family of viruses as variola virus, the virus that causes smallpox, but monkeypox symptoms are milder than smallpox symptoms.



## WHAT ARE SOME COMMON SYMPTOMS?

- Rash that can look like pimples or blisters
- Exhaustion
- Fever
- Respiratory symptoms (sore throat, nasal congestion, cough)
- Headache
- Muscle aches and backache
- Swollen lymph nodes



## WHAT SHOULD I DO IF I HAVE SYMPTOMS?

See a healthcare provider if you notice a new or unexplained rash or other monkeypox symptoms, and avoid close contact (intimate physical contact) with others until a healthcare provider examines you.

## HOW IS IT SPREAD?

- Direct contact with infectious rash, scabs, or body fluids.
- Respiratory secretions during prolonged face-to-face contact.
- Intimate physical contact, such as kissing, cuddling, or sex.
- Pregnant people can spread to fetus through placenta.

## CAN IT BE CURED?



- For most cases, monkeypox is able to resolve on its own within 2-4 weeks.
- There are currently no treatments specifically for monkeypox virus infections. However, because of genetic similarities in the viruses, antiviral drugs used to treat smallpox may be used to treat monkeypox infections.

## WHERE CAN I GET TESTED?

- There are currently five commercial laboratory companies that offer monkeypox testing: Labcorp, Aegis Science, Mayo Clinic Laboratories, Quest Diagnostics, Sonic Healthcare.
- If your test result is positive, stay isolated until your rash is healed, all scabs have fallen off, and a fresh layer of intact skin has formed.
- We hope to be providing testing for monkeypox soon!**



For more information, visit: [carolinapharmacy.com/blog](https://carolinapharmacy.com/blog)

Sources: [cdc.gov](https://www.cdc.gov), [hhs.gov](https://www.hhs.gov)

